

Advanced TB Diagnostic Research Course

After Gene Xpert: what does the future look like?

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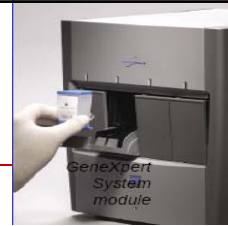
Conflict of interest: none



Diagnosis of TB

- ❑ Why do we need new tests and what do we need (DR-TB, EPTB)?
- ❑ General approach to TB diagnosis and emerging technologies
- ❑ Lack of suitable compartment-specific antigenic targets
- ❑ Point of care platforms:
 - NAAT with POC detection
 - Multiplex immunoassay including aptamers
 - Optical readouts
 - Biosensors
 - Lateral flow assays
- ❑ Several proof of concept studies so why do they not readily work?
- ❑ Why is there limited development of new diagnostics
- ❑ Approach to evaluating new diagnostics (categorisation, study design, reference standards, rule-in vs rule-out etc)

Why do we need new tests?



- ❑ Xpert is accurate & cost-effective but very costly (even at \$10 per cartridge consume about 25% of SA NTP budget)
 - stable power supply
 - suited to centralised rather than decentralised use
 - in up to a third of cases diagnosis cannot be made (sputum scarce, EPTB, smear negative TB undiagnosed)
- ❑ Large burden of undiagnosed TB (cost and access)
- ❑ Lack of a cheap same day test (human aspect and poverty)

What do we need?

TABLE 2. The ideal rapid test: ASSURED criteria

A = Affordable
S = Sensitive
S = Specific
U = User-friendly (simple to perform in a few steps with minimal training)
R = Robust and rapid (can be stored at room temperature and results available in <30 min)
E = Equipment-free or minimal equipment that can be solar-powered
D = Deliverable to those who need them

Peeling RW, *Clinical Micro and Infection*, 2010



- ❑ Do we need a targeted approach? i.e. only in smear negative TB
[Theron and Dheda, ERJ, 2011](#)
- ❑ Do we need rifampicin drug susceptibility results?

Early treatment outcomes and HIV status of patients with extensively drug-resistant tuberculosis in South Africa: a retrospective cohort study



Keerton Dheda*, Karen Shean*, Alimuddin Zumla*, Motasim Badri*, Elizabeth M Streicher, Liesl Page-Shipp, Paul Wilcox, Melanie-Anne John, Gary Revubenson, Darshini Govindasamy, Michelle Wong, Xavier Padanilam, Alicia Dziwiecki, Paul D van Helden, Sweetness Siwendu, Julie Jarand, Colin N Menezes, Avril Bums, Thomas Victor, Robin Warren, Martin P Grobusch, Martie van der Walt*, Charlotte Kvasnovsky*

- ❑ Treatment outcomes of 199 patients with XDR-TB
Dheda K, Shean K, Warren R, Willcox P, Lancet, 2010
- ❑ Earliest cases of XDR-TB in 1992
Symons G, Dheda K, SAMJ, 2011

Articles

Extensively drug-resistant tuberculosis as a cause of death in patients co-infected with tuberculosis and HIV in a rural area of South Africa

Keaton Dheda, Karen Shean, Alimuddin Zumla, Motasim Badri, Elizabeth M Streicher, Liesl Page-Shipp, Paul Wilcox, Melanie-Anne John, Gary Revubenson, Darshini Govindasamy, Michelle Wong, Xavier Padanilam, Alicia Dziwiecki, Paul D van Helden, Sweetness Siwendu, Julie Jarand, Colin N Menezes, Avril Bums, Thomas Victor, Robin Warren, Martin P Grobusch, Martie van der Walt, Charlotte Kvasnovsky

Summary
Background The epidemics of HIV-1 and tuberculosis in South Africa are closely related. High mortality rates in co-infected patients have improved with antiretroviral therapy, but drug-resistant tuberculosis has emerged as a major cause of death. We assessed the prevalence and consequences of multidrug-resistant (MDR) and extensively drug-resistant (XDR) tuberculosis in a rural area in KwaZulu Natal, South Africa.
Methods We undertook enhanced surveillance for drug-resistant tuberculosis with sputum culture and drug susceptibility testing in patients with known or suspected tuberculosis. Genotyping was done for isolates resistant to first-line and second-line drugs.
Results From January, 2005, to March, 2006, sputum was obtained from 1519 patients. We detected MDR tuberculosis in 221 patients, of whom 53 had XDR tuberculosis. Prevalence among 477 patients with culture-confirmed tuberculosis was 35% (195 patients) for MDR and 6% (30) for XDR tuberculosis. Only 53% (26 of 47) of patients with XDR tuberculosis had never been previously treated for tuberculosis, 47% (25 of 45) had a recent hospital admission. All 44 patients with XDR tuberculosis who were tested for HIV were co-infected. 52 of 59 patients with XDR tuberculosis died, with median survival of 16 days from time of diagnosis (IQR 6-27) among the 42 patients with confirmed dates of death. Genotyping of isolates showed that 70 of 81 (85%), 50% of 76-95 patients with XDR tuberculosis had similar strains.
Conclusions MDR tuberculosis is more prevalent than previously realised in this setting. XDR tuberculosis has been transmitted to HIV-coinfected patients and is associated with high mortality. These observations warrant urgent intervention and threaten the success of treatment programmes for tuberculosis and HIV.

High Incidence of Hospital Admissions With Multidrug-Resistant and Extensively Drug-Resistant Tuberculosis Among South African Health Care Workers

Max R. O'Donnell, MD, MPH; Julie Jarand, BSc, MD; Marian Loveday, BSc, MPhil; Nesri Padayatchi, BSc, MBChB, DCH, DTM+H, DHSM, DPH, MSc(Epi); Jennifer Zelnick, MSW, ScD; Lise Werner, MSc; Kasavan Naidoo, MSc, BSc; Iqbal Master, MBChB; Garth Osburn, MBChB; Charlotte Kvasnovsky, MD, MPH; Karen Shean, MSc; Madhukar Pai, MD, PhD; Martie Van der Walt, PhD; Charles R. Horsburgh, MD, MUS; and Keertan Dheda, MBBCh, PhD

(23 XDR-TB and 208 MDR-TB HCWs in KZN)

	HCWs	General Population	Incidence Rate Ratio (95% C.I.)*
Annual MDR or XDR-TB Incidence	66.8/100,000	11.7/100,000	5.71 (4.96-6.69)
Annual MDR-TB Incidence	62.3/100,000	10.7/100,000	5.82 (5.03-6.87)
Annual XDR-TB Incidence	4.5/100,000	1.04/100,000	4.33 (2.69-8.18)

O' Donnell, Padayatchi, Dheda; Annals Intern Med; 2010
 Jarand J & Dheda K, TMIH, 2010

Approach to *M. tuberculosis*

M. tuberculosis

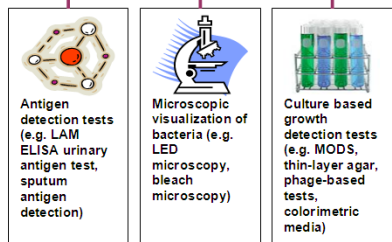
Antigen detection tests (e.g. LAM ELISA urinary antigen test, sputum antigen detection)

Microscopic visualization of bacteria (e.g. LED microscopy, bleach microscopy)

Visualise the bug- LED microscopy, various techniques to concentrate the bugs (AB, magnets, spin filters)

Pai et al. Sem Resp Crit Care Med 2008 8

Approach to diagnosis and new technologies

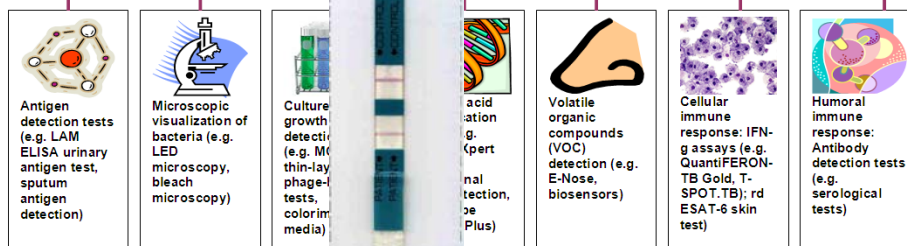


Grow the bug- liquid culture, MODS



Pai et al. Sem Resp Crit Care Med 2008

Approach to diagnosis and new technologies

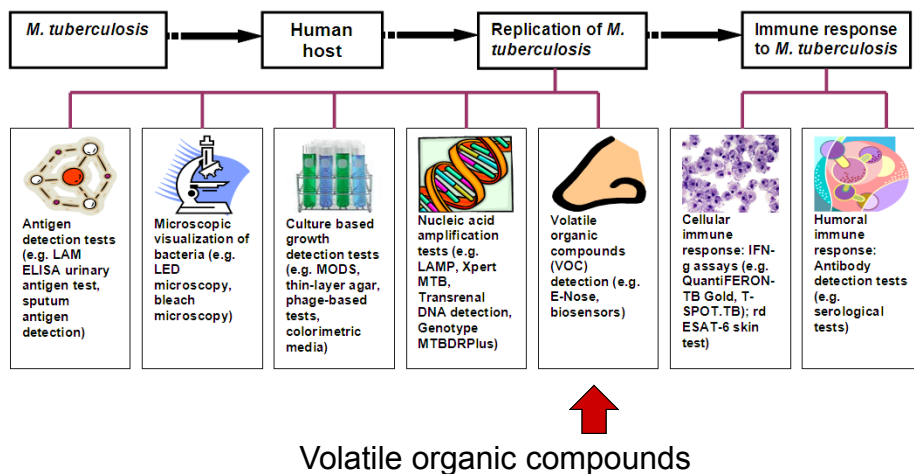


Antigen-detection tests e.g. LAM

Pai et al. Sem Resp Crit Care Med 2008

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Approach to diagnosis and new technologies

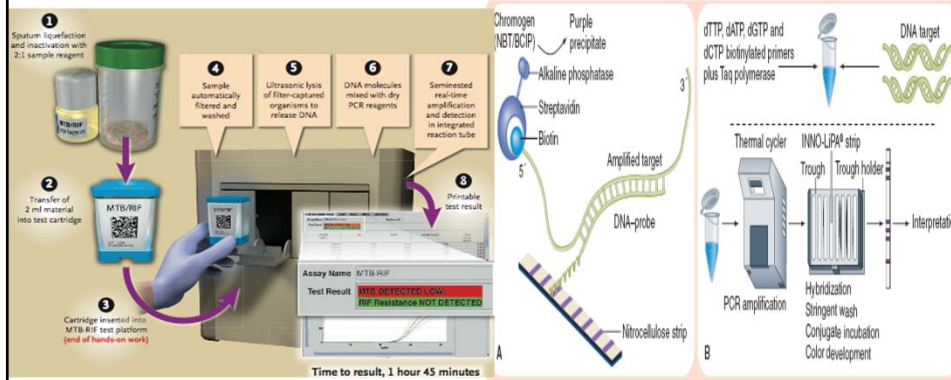


Approach to diagnosis and new technologies



IGRAs (no role in active TB)
 Serological tests (no role) but resurgence in interest about
 multiplex approaches

Approach to diagnosis and new technologies

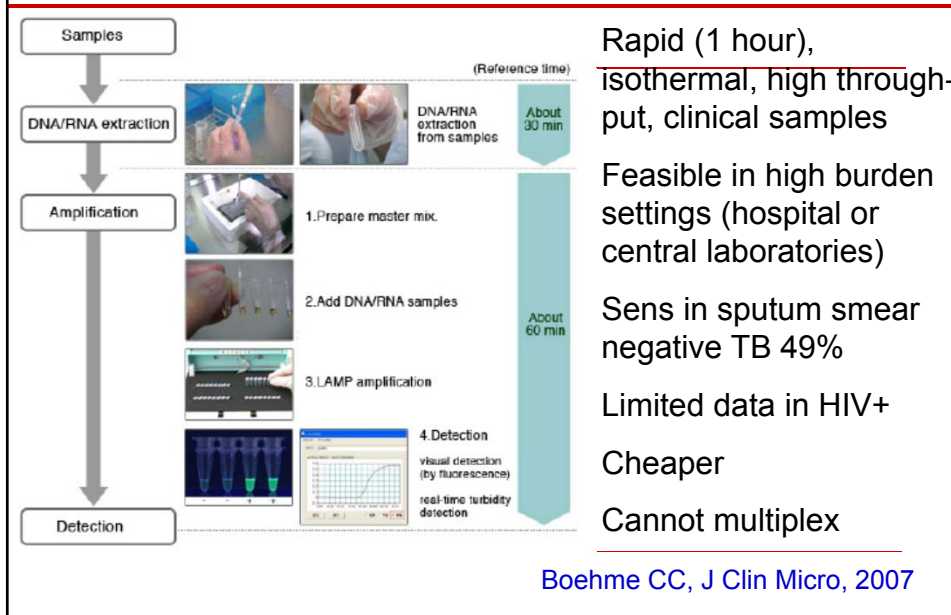


NAATs- urine, sputum, EPTB
Gene Xpert, LPA, Roche, SDA (BD)

Pai et al. Sem Resp Crit Care Med 2008

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Simplified NAAT: LAMP (loop mediated isothermal amplification)

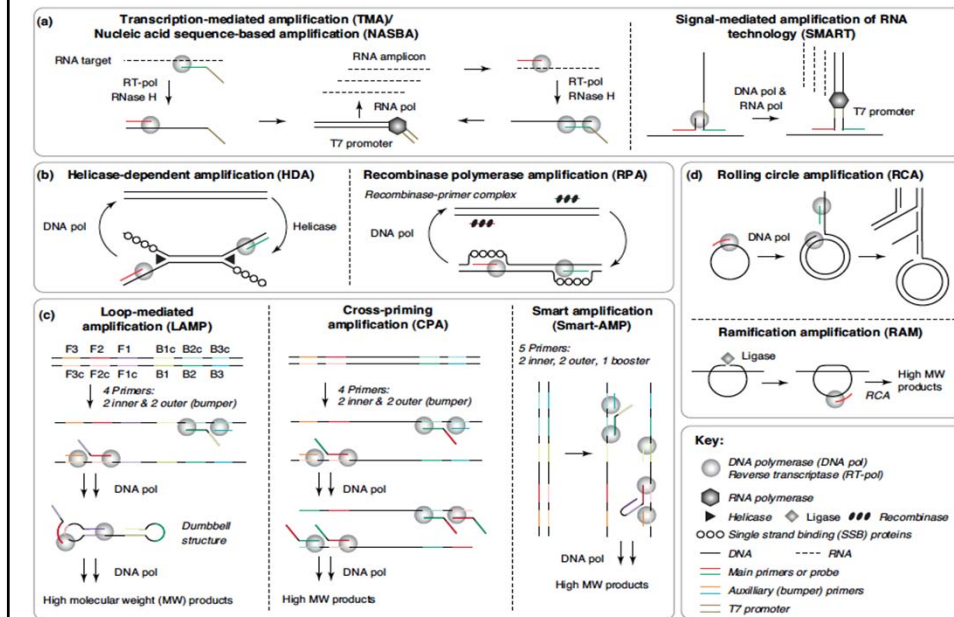


USTAR- LAMP



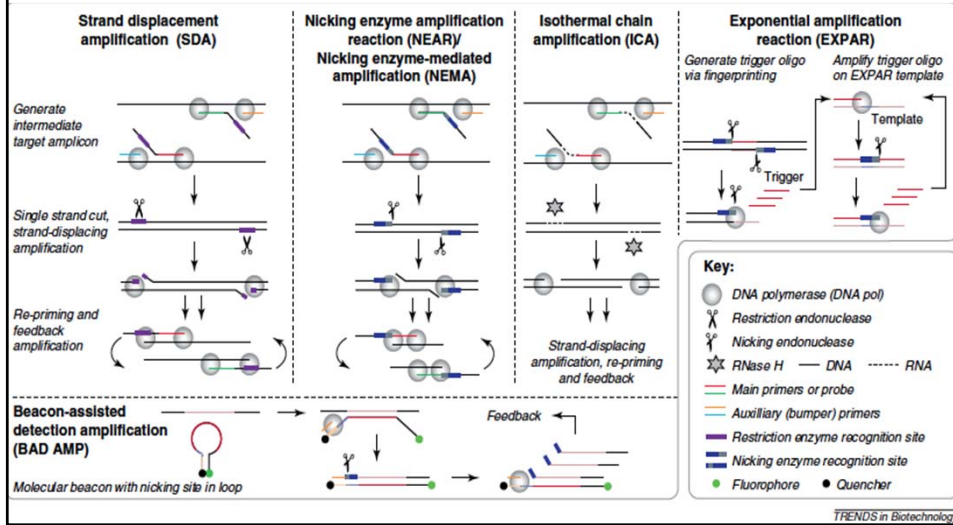
http://www.bioustar.com/en/product_show.aspx?id=39

Overview of isothermal NAAT reactions- differ by enzyme type and number, restriction or nicking sites, RNA or DNA-based, temperature, type of primer complex etc



Isothermal methods based on polymerase-based extension

Niemz A, Trends in Biotech, 2011



Several new commercial platforms that lend themselves to POC NAAT detection are now available

Iquum

STEP 1. Add sample

STEP 2. Scan barcode

STEP 3. Insert tube

Done! Results in 30 minutes

Liat™ Analyzer
20 minute molecular diagnostics in my lab!

<http://www.iquum.com/products/analyzer.shtml>



Cartis

Integrates all the diagnostic steps needed to provide true sample-in to result-out functionality, providing a significantly shorter turnaround time than current MDx technologies while requiring minimal hands-on time and training.

<http://www.biocartis.com/cms/index.php?page=molecular-diagnostics-platform>



Enigma

Enigma's first clinical instrument, the ML (mini laboratory), is a fully automated molecular test platform ideally situated to life in both the clinical laboratory and at the point-of-care including clinics, doctor's surgeries and pharmacies.

<http://www.enigmadiagnostics.com/template2.php?page=instruments.php>

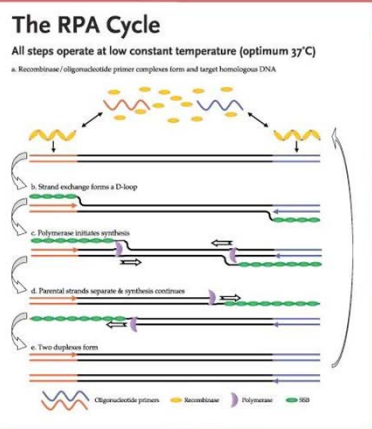
Idahotech RAPID System



The Ruggedized Advanced Pathogen Identification Device (R.A.P.I.D.) is a portable real-time PCR system designed to identify biological agents.

<http://www.idahotech.com/RAPID/index.html>

TWISTDX



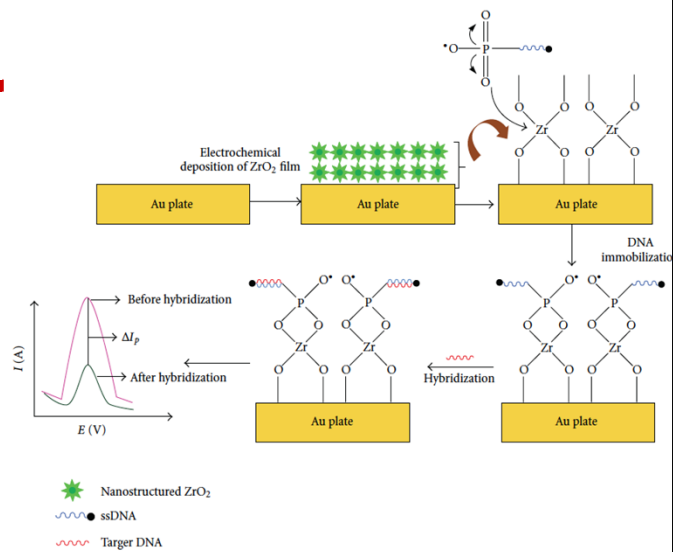
<http://www.twistdx.co.uk/products/twista/>

OptiGene- amplification and detection platform for LAMP



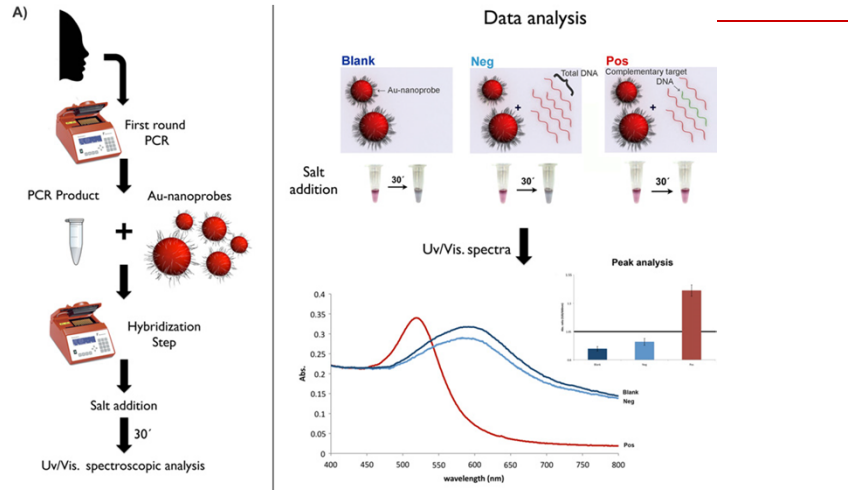
<http://www.optigene.co.uk/applications.htm>

EC detection platform for NAAT products



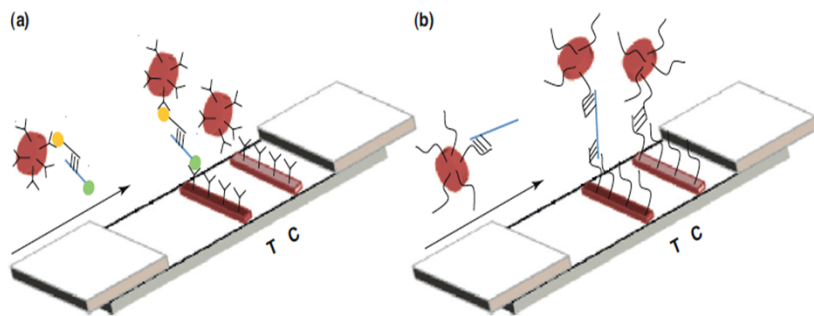
Gonzales- Diaz M, Biosens & Bioelec, 2005

Gold nanoparticles for detection of SNPs for rifampicin resistance using calorimetric readout



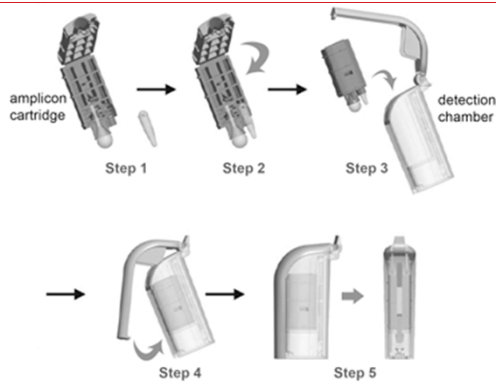
Veigas B, Nanotech, 2010

Lateral flow readout for NAAT products



TRENDS in Biotechnology

Best Cassette- detection platform



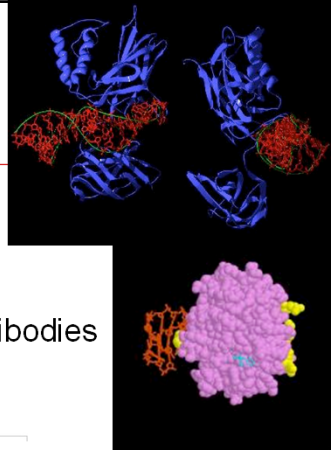
http://www.biohelix.com/products/BESt_Cassettes.asp

Antigen or antibody immunoassays

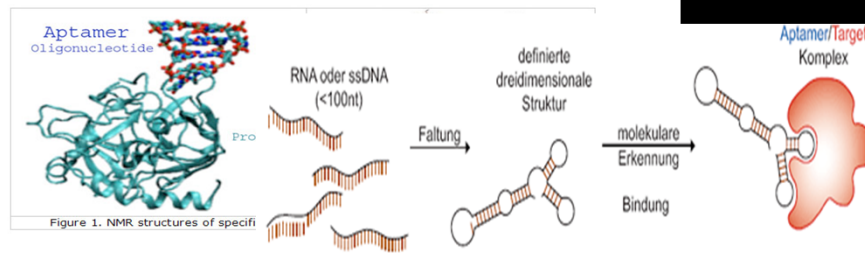
- My use antibodies in multiplex or array format
- Generated through peptide arrays (Antigen Discovery Inc) or from exposing fractionated antigen mixtures to antibody libraries



Alternative detection technologies: Aptamers

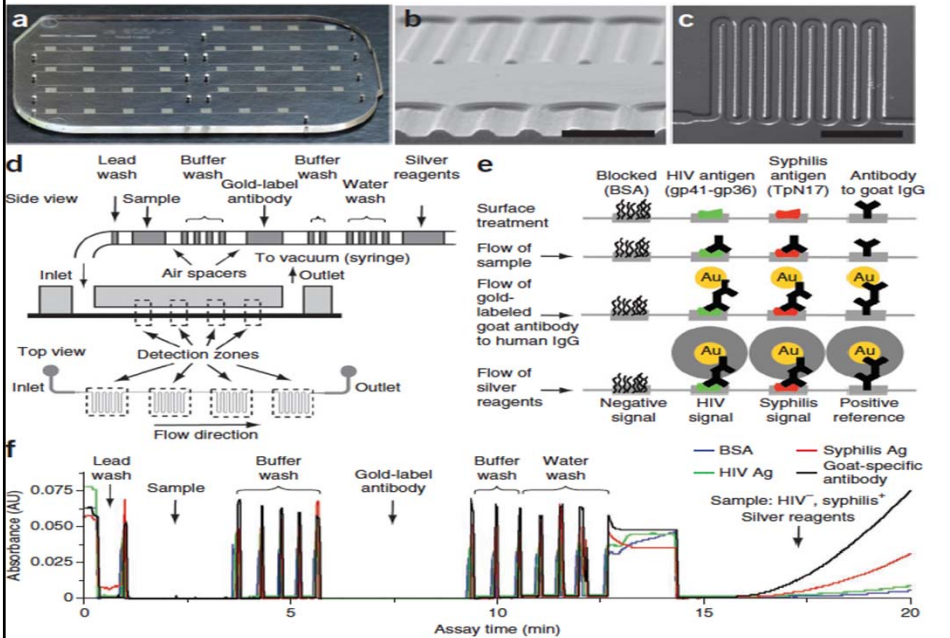


□ Aptamers, in contrast to protein-based antibodies, are simply ‘chemical’ or NA antibodies



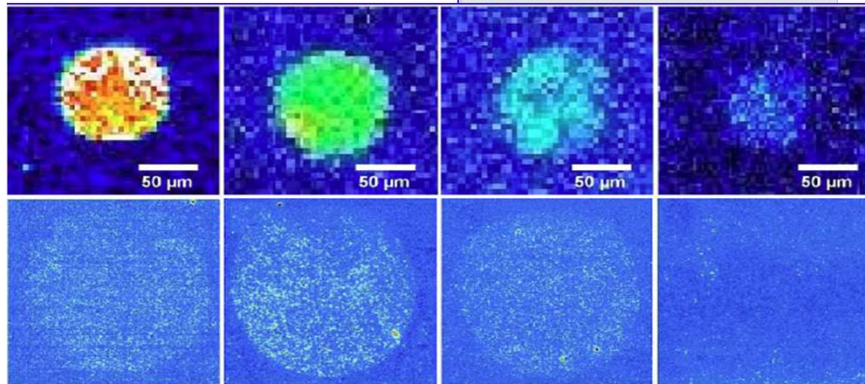
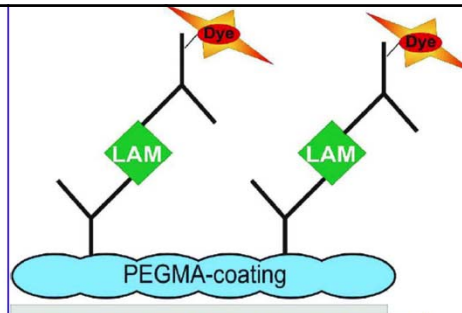
Microfluidics M-Chip platform using optical density detector

Chin CD, Nature Med, 2011



FLISA- detection of fluorescent signal at high magnification- 3 orders of magnitude more sensitive than ELISA

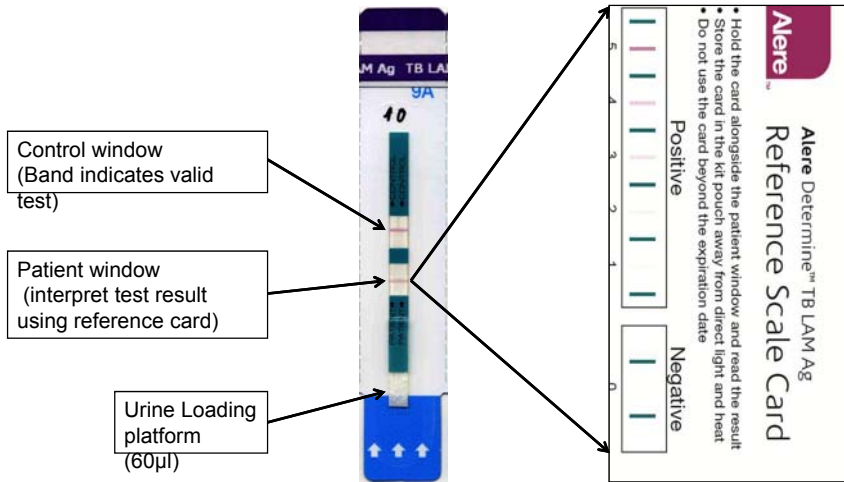
Schmidt R, J of Proteome R, 2011



Development of readouts limited by POC detection technologies

-
- NAAT adapted to a lateral flow format
 - LAM antigen detection test
 - SERS
 - Biosensors- (electro-chemical detection, piezoelectric quartz crystal biosensors, magnetoelastic biosensors)
-

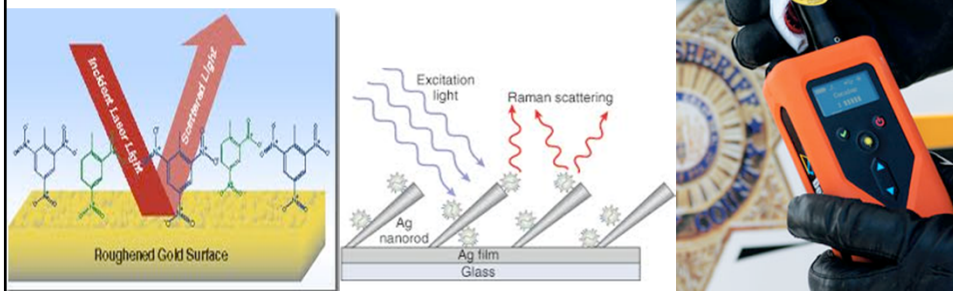
Alere Determine™ TB LAM Ag rapid test and reference card for used for grading and interpretation



Strip test (15 to 20min; under \$5)

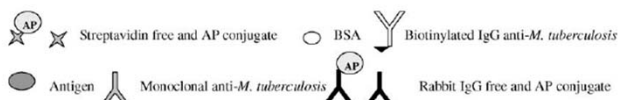
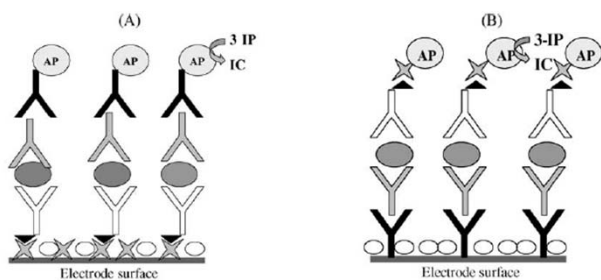
Aptamers and a SERS detection platform

- ❑ We have generated aptamers to TB-specific antigens (CSIR-Shooz Kathi)
- ❑ Grand Challenges Canada (J Blackburn) to develop a platform using antigen-specific aptamers and a SERS detection platform
- ❑ Surface enhanced resonance spectroscopy



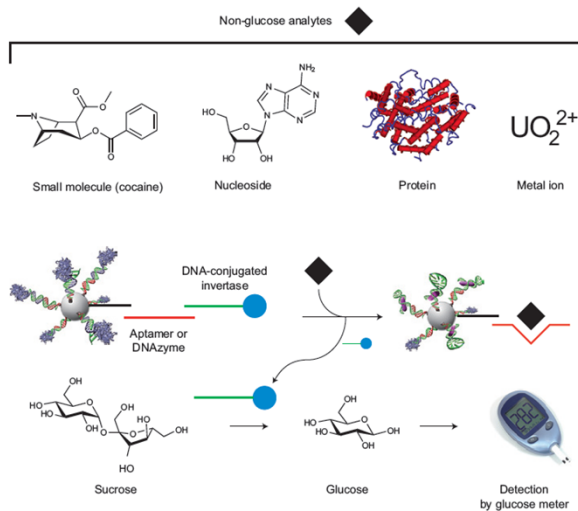
Electrochemical detection

- Nanoparticle filament/ wire which changes resistance when binding antigen



Gonzales- Diaz M,
Biosens & Bioelec,
2005

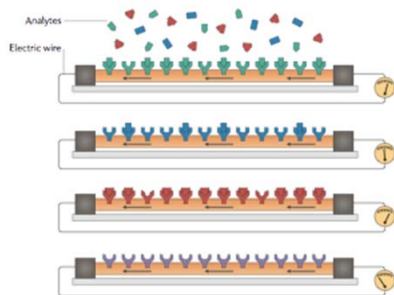
Electrochemical detection using aptamers



Xiang Y, Nature Chem, 2011

Other: Electrochemical detection

- ❑ Nanoparticle filament/ wire which changes resistance when binding antigen
- ❑ Nanoparticles which change colour when aggregate (quantum dots)

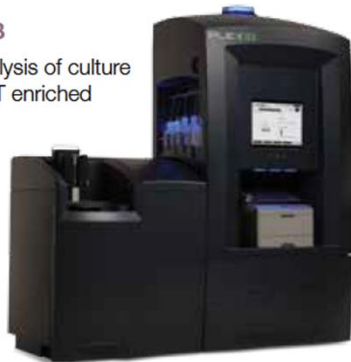


McNurney R, Nat Rev Micro, 2011

Combined approaches: PCR and mass spec (alternative to Hain and Xpert for isolate ID and DST)

PLEX-ID MDR TB

- Suitable for analysis of culture isolates or MGIT enriched culture broth



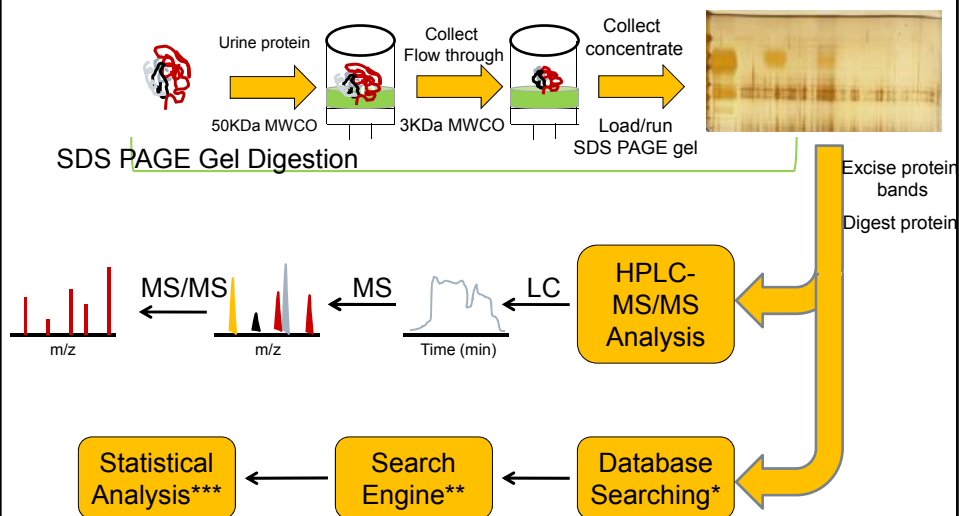
Rapidly identify known and unknown organisms with PCR Assay and Electrospray Ionization Mass Spectrometry

- ❑ PCR for gene-specific mutations followed by R, I, E and FQ resistance; already commercially available

Why many of these platforms might not work for TB diagnosis?

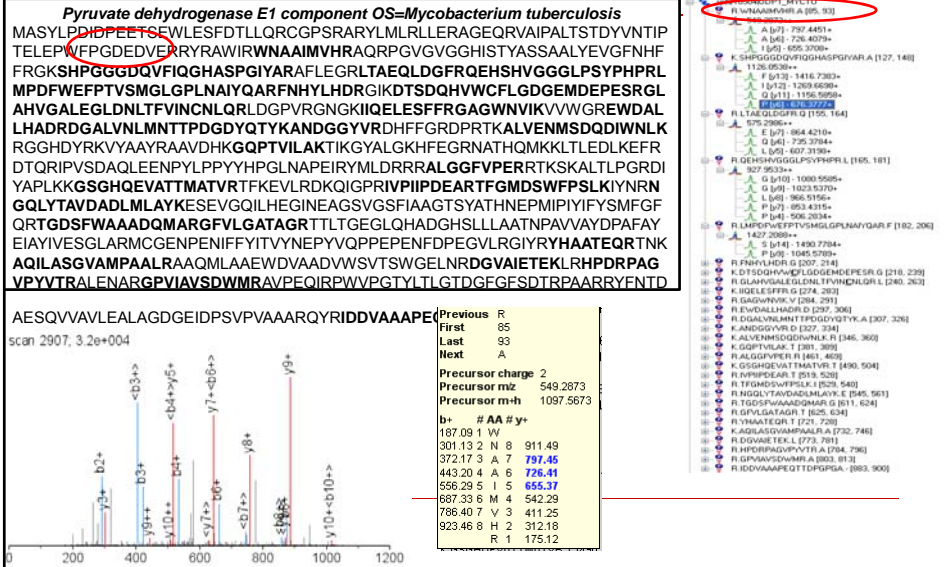
- ❑ Antibody profiles overlap in those with LTBI, previous TB or NTM exposure
- ❑ Antigens are differentially expressed in different body compartments
- ❑ LTBI/ HIV-infected/ NTM colonisation/ PTB vs EPTB
- ❑ Sensitivity is a problem with lateral flow assay formats
- ❑ Sample like sputum may not be available
- ❑ One of the biggest hurdles is lack of suitable or limited antigenic targets

Bottleneck- lack of suitable diagnostic targets



*A combined human and TB (H37Rv) database, **Crux and XITandem, ***Trans-Proteomic Pipeline (TPP) and Barista

Peptide spectral matching (PSM) using database searches



Technological innovation is not enough

- Lack of private investment because of perceived lack of return (changing rapidly)
- Need better regulatory standards for approval, and these need international harmonisation
- Variable quality of diagnostic services, need to improve quality control
- More innovation in developing countries (ANDI, Gates etc) including involvement from EDCTP, Wellcome etc
- New ways to deal with IP and patent fees
- Translation from research to policy- need streamlining of approval process and guidance for high burden settings
- Robust health care systems with good supply chain management
- Better representation in medical and nursing curricula

Summary

- ❑ Revolution in the development of new and POC diagnostic platforms
- ❑ Major bottlenecks are antigenic targets and detection technologies suitable for POC
- ❑ Major challenge is to include DR-TB readouts
- ❑ Need to move to platforms that will give multiplex readouts – TB, HIV, pneumonia, other OI, malaria etc
- ❑ Several other factors including knowledge translation are critical to bring new products to the market
- ❑ Then comes the challenge of how to incorporate these into clinical algorithms and niche areas taking into account clinical context

Funding Agencies:

